



## **1 Week Pack**

### **Day 1 – “Welcome Day”**

- Transfer airport/hotel
- bicycle assembly in BIKE STOP shop (our partner)
- If you arrive in the morning, we will walk around “lagoa de fogo” at afternoon to see the type of terrain that you will ride in the next days;

19:00h – transfer hotel/restaurant (if you stay at the hotel recommended by us, dinner will beat the hotel restaurant)

21:00h – transfer restaurant/hotel

### **Day 2 – “Discover Lagoa do Fogo (Fire Lake)”**

This day ride begins at Monte Escuro in Vila Franca do Campo on the south coast of the island. You’ll have time to fine tune your bike (tools and mechanical assistance are provided), before the first climb of the day: ‘The Burra’. There’s a fair amount of climbing in the morning but this is accompanied by some spectacular views, before we reach our highest point of the day above Lagoa do Fogo and descend to the lake shore for lunch.

In the afternoon comes the reward – we’ll follow undulating, twisting singletrack through dense vegetation back down to the coast and the village of Agua de Pau. There’s time for a cold drink before we jump in the van for a short drive over to the north coast of the island for a refreshing dip in the Caldeira Velha: a naturally heated waterfall and pool; heated by the very volcano that we’ve been riding on our first day.

### **Day 3 – “Sete Cidades (Seven Cities)”**

In this day we explore the western end of Sao Miguel and the great crater of Sete Cidades. The day begins with a short climb up to Lagoa do Canário, to pick up the singletrack that will take us down through the forest on the south side of the crater. We'll lunch in the village of Sete Cidades by the twin lakes of Lagoa Azul and Lagoa Verde and there's a chance to explore the village.

In the afternoon, we'll climb back out of the crater to pick up the Portal do Vento trail: arguably the popular descent with riders on the island. The trail brings us back into the village of Sete Cidades once again where we'll meet our transportation for the trip back to Ponta Delgada. There's also an opportunity for a dip in the sea on the return journey.

### **Day 4 – Northeast Tour**

A full day tour by the northeast side of the island with a typical lunch in Furnas. The famous “Cozido das Furnas”, a typical meat dish cooked under the ground, in the heat of the volcano.

### **Day 5 – “Furnas”**

This day ride explores the volcanic basin of Furnas, the most easterly volcano on Sao Miguel and is often referred to as the central highlands. Here you will see the bubbling mud pools, sulphurous steam vents and the cozido cooking holes for which the area is famous for. Cozido is a traditional meal which is cooked in the volcanic ground.

This is the lightest ride of the week as we'll spend most of the day in the bottom of the caldera. We'll circumnavigate the lake itself, Lagoa das Furnas, before heading into the trails.

We'll end the afternoon with a descent down to the coastal village of Ribeira Quente.

### **Day 6 -“Natural Bike Park – Faial da Terra”**

Faial da Terra is the closest thing the archipelago has to a trail centre. This small parish in the far south east of the island is the Mecca of mountain bike sports in the Azores, with many regularly maintained downhill tracks.

They're not downhill tracks in the traditional sense (no big drops and gap jumps). These are technical descents with a mix of flowing singletrack, rooty forests, and rocky technical sections. There's also a nice mix of tracks to suit all abilities and tastes.

## **Day 7 – “Free Day”**

Time to relax from the night out or to discover the island at your way. We recommend you to rent a scooter and discover the island. Whale watching, stand up paddle in the lagoons, canoying or surf is always an option.

19:00h – Transfer hotel/restaurant (if you stay at the hotel recommended by us, dinner will be at the hotel restaurant)

21:00h – Transfer restaurant/hotel

## **Day 8 – Departure**

Disassembly of bikes

Transfer hotel/airport

**OBS: If there are no inconvenience to the company, this program can be changed on site if clients wish. At the end of the day, you can choose to finish early and go take a bath in a hot springs pool or go for a swim on the beach, accompanied by a cold beer.**

## **Prices:**

**2 persons – 949€**

**3 or more persons – 849€**